

1st Five CSA 13 Community Partner Resource List

DES MOINES COUNTY

Area Education Agencies and Early ACCESS:

Great Prairie AEA

Phone: 641-682-8591

www.gpaea.org

Referrals can be made through the Iowa Family Support Network website,

<https://www.iafamilysupportnetwork.org/families/make-a-referral/>

Case Management Resources:

Targeted Case Management through Medicaid Fee for Service:

Phone: 515-281-7163

Iowa Medicaid Member Services

Phone: 1-800-338-8366

<https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/tcm>

Mental Health Agency of Southeast Iowa (Mental Health and Disability Services Region):

Community Services/Mental Health & Disabilities

910 Cottonwood, Suite 1000

Burlington, IA 52601

Phone: 319-754-8556

https://desmoinescounty.iowa.gov/mental_health_disabilities/

<https://mhasei.org/>

CAH Programs:

Lee County Health Department

#3 John Bennett Dr.

P.O. Box 1426

Fort Madison, IA 52627

Phone: 319-372-5225 or 800-458-6672

<https://leecountyhd.org/>

Childcare Providers / Resources:

Community Action of Southeast Iowa, Head Start and Early Head Start
(Central Office)

2850 Mt. Pleasant St., Suite 108

Burlington IA 52601

Phone: 319-753-0193

<https://caofseia.org/services/head-start/>

Iowa Child Care Resource & Referral

Talk to a Parent Referral Specialist

Phone: 855-244-5301

Monday - Friday 8:00 a.m. - 4:30 p.m.

or email our Parent Referral team: childcare@caeiowa.org

<https://iowaccrr.org/>

Iowa Department of Health and Human Services

3535 Agency Street

Suite 102

Burlington, IA 52601

Phone: 319-754-4622

<https://hhs.iowa.gov/programs/programs-and-services/child-care>

Clothing Closets:

Church of the Nazarene – free clothing closet

1015 S. Roosevelt Ave.

Burlington, IA 52601

Phone: 319-752-4245

Open the 2nd Saturday of the month, 8:00 AM – 2:00 PM

Community Clothes Closet with Cornerstone Community Church

102 Meadow St.

Mediapolis, IA 52637

Phone: 319-931-9305

Open Tuesdays 3-5 PM and 1st and 3rd Saturdays 9:00 AM – Noon

Transitions DMC

515 South Main St.

Burlington, IA 52601

Phone: 319-209-2217

<https://www.transitionsdmc.org/>

CPPC Advisory Groups:

Quad County CPPC
arinj@iastate.edu
<https://www.facebook.com/quadcountycppc/>

Counseling/Mental Health Resources for Adults:

Alcohol and Drug Dependency Services (ADDS)

1340 Mt. Pleasant St

Burlington, IA 52601

Phone: 319-753-6567

Website: <https://addsiowa.org/>

Services: Outpatient substance abuse treatment, residential substance treatment, problem gambling treatment, Drug-Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion. (Problem gambling crisis intervention, phone: 800-BETS-OFF)

Community Health Centers of Southeastern Iowa, Inc.

Burlington Behavioral Health Clinic

400 S. Broadway St.

Burlington, IA 52601

Phone: 319-768-5858 or 844-843-7942

Website: <https://www.chcseia.com/>

Services: On site or telehealth for behavioral health concerns through referral from a CHC/SEIA primary care provider

Families First Counseling Services

Burlington Office

214 N. 4th St. Ste. 1A

Burlington, IA 52601

Phone: 319-433-0395 or 1-888-316-3025

Website: <https://www.families-first.net/>

Services: Therapy for children, adolescents, and adults; Behavioral Health Intervention Services (BHIS); family centered services for those who have experienced an allegation of child abuse; Integrated Health Home (IHH) program for children

Grinstead & Associates

610 North Fourth Street, Suite 110

Burlington, IA 52601

Phone: 319-754-8035

Email: frontdesk@ogp-associates.com

Website: <https://www.ogpassociates.com/>

Services: Individual, Couple, and Family Counseling

Heartland Pathways
Burlington Office
724 North 3rd St, Ste 100
Burlington, IA 52601
Phone: 319-249-5777
Website: <https://www.heartlandpathways.com/>
Services: Individual, couples, and family counseling

Optimae Life Services
Burlington Office
825 North Sixth Street, Suite 6
Burlington, Iowa 52601
Phone: 319-237-1732
Website: <https://www.optimaelifeservices.com/>
Services: Therapy, psychiatric medication evaluation and management, and skill-building supports (in-person and via telehealth); At some locations Behavioral Health Intervention Services (BHIS) for youth, Community Support Services (CSS), Intensive Psychiatric Rehabilitation (IPR), and Recovery and Resource Centers are available; Community services for adults such as Home and Community Based Services (HCBS), Home-Based Habilitation Services (HBHS), Supported Community Living (SCL), Intensive Residential Service Homes (IRSH), supported employment, Career Connections, day habilitation, Community Integration Programs (CIP), and Transitional Age Youth (TAY)

Southeast Iowa Regional Medical Center - Mental Health
1225 S. Gear Ave, Ste. 251
West Burlington, IA 52655
Phone: 319-768-3700
Website: <https://www.greatriverhealth.org/health-services/mental-health/>
Services: Treatment for adults and children with mental health conditions, including medication management, diagnostic evaluations, and addiction medical management and counseling.

Therapy Group, Inc.
2115 Des Moines Avenue
Burlington, IA 52601
Phone: 319-209-2084
Email: info@therapygroupinc.com
Website: <https://www.therapygroupinc.com/>
Services: Counseling/therapy services in Burlington, Iowa, and Virtual Therapy for clients age 9 and up for individual, marriage, couple or family counseling

Young House Family Services
4717 Sullivan Slough Rd.
Burlington, Iowa 52601
Phone: 319-752-4000 or Toll Free 844-870-8046
Website: <https://www.younghouse.org/>

Services: Mental health therapy for children, adults, and families; substance abuse treatment; in-home parenting skills; behavioral health services

Counseling/Mental Health Resources for Children:

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Burlington, Iowa 52601

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ECI Boards:

DHLW ECI

Phone: 319-461-1369

<http://www.dhlw.org/home.html>

<https://www.earlydevelopment.org/>

Early Head Start and Head Start:

Managed by Community Action of Southeast Iowa

Website: <https://caofseia.org/services/head-start/>

Burlington Head Start Preschool & Early Head Start – In Corse School

700 South Starr Ave

Burlington, IA 52601
Phone: 319-752-5692

Food Banks:

Community Action Neighborhood Center – Emergency Food Pantry

700 Jefferson St.

Burlington, IA 52601

Phone: 319-753-2893

Open Monday, Tuesday, Thursday, Friday, 8:00 AM – 4:00 PM (Closed 12:00 – 12:30 PM Daily)

ID and appointment requested but not required

Donation Connection

1109 Summer St.

Burlington, IA 52601

Non-perishable foods

Monday, Wednesday, and Friday 11:00 AM – 2:00 PM

First Presbyterian Church

321 N. 5th St.

Burlington, IA 52601

Food bag giveaway on 3rd Thursday of the month, 4:30 – 6:00 PM

Foursquare Gospel Church

200 Curran St.

Burlington, IA 52601

Phone: 319-752-0261

By appointment only, one visit per month, ID requested but not required

Lend a Paw Pantry

2132 Madison Ave.

Burlington, IA 52601

Open Wednesday, 3:45 – 6:30 PM

Families may visit 2x/month

Little Free Food Pantry – Burlington Public Library

210 Court St.

Burlington, IA 52601

Pantry is located at the Main St. entrance and is available anytime for anyone

Love Thy Neighbor – First Church of the Nazarene

1015 S. Roosevelt Ave.

Burlington, IA 52601

Phone: 319-752-4245 Ext. 113

Monthly free food box (income-based)—call the church by the 10th of the month and pickup on the 3rd Wednesday of the month

Mediapolis Community Food Pantry – Mediapolis First United Presbyterian Church
801 Middle St.

Mediapolis, IA 52637

Phone: 319-394-3330

Open Tuesday 3:00 – 4:30 PM

The Cupboard with City Hope

818 Maple St.

Burlington, IA 52601

Phone: 319-572-8631

Open Monday, Wednesday, and Friday, 8-11 AM, and Tuesday 4-6 PM

Can visit once per month

The Salvation Army

216 Columbus Dr.

Burlington, IA 52601

Phone: 319-753-2038

Open Tuesday and Thursday, 9:00 AM – Noon, 1:00 – 2:45 PM

Can visit once per month; ID requested

Daily meal Monday – Friday 11:15 AM – 12:30 PM

Senior (55+) breakfast on Wednesday at 9:30 AM

St. Vincent de Paul

700 Division St.

Burlington, IA 52601

Phone: 319-752-9332

Open Monday – Friday, 1-3 PM

Available to anyone in Burlington with social security card and photo ID

Zion United Church of Christ

412 N. 5th St.

Burlington, IA 52601

Phone: 319-752-2305

Open Monday and Friday, 9:00 AM – Noon, and Wednesday 1-4 PM

Non-perishable food items

Other free meals:

Shepherd's Table Free Community Dinner
First Congregational & First Presbyterian Churches
313 N 4th St.
Burlington, IA 52601
Last Wednesday of the month, 4:30 – 6:00 PM

Free End of Month Community Meal
Grace United Methodist Church Parish Hall
1100 Angular St.
Burlington, IA 52601
Last Thursday of the month 5:30 – 6:30 PM

Hot Meal at Optimae Services
910 Cottonwood Ct., Ste. 1001
Burlington, IA 52601
Monday – Friday, 12:00 – 1:00 PM
Open to all

I-Smile Programs:

Lee County Health Department
#3 John Bennett Dr.
P.O. Box 1426
Fort Madison, IA 52627
Phone: 319-372-5225 or 800-458-6672
<https://leecountyhd.org/>

Parent Ed / Home Visiting / Family Support Providers:

Community Action of Southeast Iowa
Family Development and Self-Sufficiency (FaDSS)
Community Action Neighborhood Center
700 Jefferson St.
Burlington, IA 52601
Phone: 319-753-2893
FaDSS Coordinator 319-753-0193
<https://caofseia.org/services/family-development-and-self-sufficiency/>

HOPES
Lee County Health Department
#3 John Bennett Dr.
P.O. Box 1426
Fort Madison, IA 52627

Phone: 319-372-5225 or 800-458-6672

<https://leecountyhd.org/>

Public Health:

Des Moines County Public Health

522 N. Third St.

Burlington, IA 52601

Phone: 319-753-8290

Website: https://desmoinescounty.iowa.gov/public_health/

Open Monday – Friday, 8:00 AM to 4:30 PM

WIC:

WIC – Community Action of Southeast Iowa

Burlington Clinics #4502 & 4506

801 S. Roosevelt

Burlington IA 52601

Phone: 319-209-2850

Text: 319-759-4322

<https://caofseia.org/services/wic/>